

EXECUTIVE OFFICER



Commander Theodore D. Fredrick is a native of Charlottesville, Virginia. He attended the United States Naval Academy graduating in 1976 with a Bachelor of Science Degree in Physics.

Following commissioning, Commander Fredrick completed Surface Warfare Officers Basic Course and then reported to USS DOWNES for a three year tour where he served as Auxiliary/Electrical Officer and ASW Officer. From 1980 to 1981, he served as Operations Officer at the Naval Facility in Lewes, Delaware.

Other duties for Commander Fredrick include being Operations Officer in USS BARBEY and First Lieutenant in USS BLUE RIDGE. During the latter he was selected to transfer to the Surface Nuclear Propulsion field.

After completion of nuclear propulsion training in 1986, Commander Fredrick served as Main Propulsion Assistant in USS DWIGHT D. EISENHOWER. Prior to reporting to BAINBRIDGE, Commander Fredrick served on the Staff of Commander, Naval Surface Forces, U.S. Atlantic Fleet.

Commander Fredrick has been awarded the Navy Commendation Medal and various service and campaign awards. He is married to the former Patricia Baldwin Earle of Charlottesville, Virginia. They reside in Virginia Beach, Virginia with their daughters Patricia and Tean, and sons Theodore, Jr. and Travis.

Commander Theodore D. Fredrick

